



Newsletter

4 August 2026

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Good Afternoon, Everyone

I hope everyone is enjoying these crisp winter days. The cool air may make the fingers and toes tingle but it puts colour in our cheeks. The invigorating glow makes us feel good to be alive. It's great for the soul.

We had a good turnout for the Hare and Tortoise Event, which is always a fun occasion. It was a great chance for members from the different walking groups to mix, chat, and get to know one another better.

A late addition to our calendar – Burswood Birds, Bush, Past and Present History.

Paul Taylor has invited us to a walk starting at his home on Tuesday, 18 August. This will be followed by morning tea under his veranda.

Many of you will have visited Paul's Burswood home before and enjoyed walking from there along the peaceful pathways. His property is a haven for tuis, wax-eyes (tauhou) and, with luck, fantails (piwakawaka). At this time of year, his bird feeders attract many tuis, which are a wonderful sight as they duck and dive in to feed. The eels are also thriving and enjoy being fed. The area is rich in Māori and European history, and the Panmure-Botany busway is nearing completion now that the new bridge across Pakuranga Creek has been built. There will be plenty to see and enjoy.

Calendar

Tuesday 18 August

Burswood Birds, Bush, Past and Present History

Come and see the tuis feeding before and after our walk from Paul Taylor's home, 10 Atworth Way, Burswood. Morning tea provided.

Further details will be announced closer to the date.

Tuesday 1 September

Spring Day

Spring has arrived—tra-la! Wear something bright to help us celebrate the end of winter.

The viewing platform at the Cascades has been repaired and reopened. We hope as many members as possible can walk or drive there if the distance is difficult. We plan to take a group photograph overlooking the Cascades for next year's handbook.

Afterwards, each group can complete its chosen walk before returning to the Club for coffee, tea, and a chat.

Tuesday 8 September

Tahuna Torea (Glendowie) Spit Walks

A personal favourite of mine, this walk starts at the park at the bottom of Roberta Ave in Glendowie. The park offers pleasant walking tracks, including one through bush and ponds where you may see pied stilts and other birdlife. Those feeling adventurous can walk out along the spit and, with luck, wave to the ferry pilot as he navigates the narrow channel between the spit and the small yacht club at Little Bucklands Beach.

Morning tea and biscuits will be provided by the committee.

General Information

Car Pooling

Committee members will drive anyone who would like a lift (from the clubrooms) for any outing away from the club.

We request that those accepting rides make a contribution of \$5 to their driver – the usual attendance fee for casual members.

Please contact or speak to a committee member several days before the event if you require a ride.

Health & Safety

Please ensure that there is at least one mobile phone available in the pack you are walking/running in - in case of accidents etc. If there is an accident - big or small, an incident report needs to be completed at the time. Please see a committee member if this is required.

Use pedestrian crossings or pedestrian traffic lights to cross the road.

If you have any respiratory infection, please do not come to the club until you are better. If you test positive for Covid, Influenza or RSV after attending a Tuesday or Thursday please contact John directly.

Shared Morning Tea

For special occasions we have a shared morning tea to celebrate. It is very much appreciated when everyone who is able brings along a plate to help in the celebration.

Finally

The committee thanks you all for your ongoing support and welcomes any ideas around events, trips, ways to enjoy ourselves.

The Pakuranga Joggers and Walkers Committee.