



Newsletter

28 September 2025

Joggers and Walkers Section

Good Morning, Everyone

I hope you are enjoying today's sunshine. We can enjoy the change in weather since last week although the respite might short-lived. Last Thursday, 18 September, a group of us enjoyed the walk out to the tip of the sandspit of Tahuna Torea. Just a narrow channel separates the spit from Bucklands Beach at low tide. It was windy but we stayed dry until the last 10 minutes. The walk is attractive, and the chill wind made our cheeks glow. Rather than have our Club coffee outside in the park most of us adjourned to the café at the bottom of Roberta Ave where we enjoyed a cup of good hot coffee and an excellent pastry. It just goes to show again - if you don't enjoy a walk because of the weather, it's because you're wearing the wrong clothes!

We have arranged for our website to be updated more promptly from now on.

There are a couple of reminders and changes to our calendar which you need to know.

Tuesday, 30 September, 8:30 AM WalkFest

This is organised by East Auckland Tourism who are taking care of registrations. At time of writing we do not know the number of people who may attend. Could you make sure you engage with new faces and make them feel at home. We are hoping to attract new members.

Details can be found [here](#). There is one important change. The walk will start and finish at the Clubrooms – NOT where indicated on the map.

Friday, 10 October, 6:00 PM Barbecue

This is an annual event and is free to members. The Committee provides bread, sausages and tomato sauce. Cash bar will be open.

A list will be available at the front desk over the next few days so you can indicate whether you will bring a salad or dessert to share.

Thursday, 16 October, 9:15 AM Waipuna

We will meet in the Waipuna Hotel carpark at 9:15 AM. Check info below if you need a lift. We will walk around the Panmure Basin and examine the new Jubilee footbridge. The circuit is about 3 km. Some may like to complete it more than once.

We have arranged morning tea at Waipuna Hotel from 10:00 AM. There will be coffee and a muffin. Cost to J&W members is \$5 which we will need in advance. The full cost is double this and will be subsidised by the Committee.

A list will be available at the front desk to secure your place for this special morning tea. We need to know numbers by 13 October.

Tuesday, 4 November, 10:15 AM Irene Turley Mugging and Melbourne Cup Day

Irene hits the magic decade a few days earlier. It is fitting that you will all be dressed in your finery for Melbourne Cup Day.

We will have our annual sweepstake for Melbourne Cup Day. Remember to bring your Melbourne Cup outfit to wear at our shared morning tea.

Thursday, 6 November Melbourne Cup Results

Tuesday, 25 November Spring Clean Club Rooms

J&W has traditionally given the Club Rooms a good housekeeping clean before the Club Christmas season celebrations start. Windows and lightshades need cleaning and cobwebs cleared. We would be most grateful if you are able to help. Please bring some cleaning gear with you.

Tuesday, 9 December Summer Soiree

Preparations are well underway for this spectacular annual event. Reserve your place with payment of \$45. The Committee will subsidise this generously. An invitation will be forwarded to you very soon.

Cancellations

We have a full calendar – too full. We have decided to cancel a couple of outings so you are able to catch your breath at a busy time of year.

Barry Curtis Park (30 Oct), **Half Moon Bay** (20 Nov) meetings have been **cancelled**.

We hope to repeat Paul Taylor's Burswood Infrastructure Walk in the New Year. This was a popular event despite the dreadful weather. Not only did we see the progress on the Ti Rakau busway, but Paul also showed us places of historic interest and gave us their story and significance. It will be good to do this again in the summer sunshine. It will also provide an opportunity for those who were unable to come this year.

General info

Carpooling can be arranged (from clubrooms) for any event away from the club. Please speak to a committee member several days before the event if you require a ride.

Health & Safety

Please ensure that there is at least one mobile phone available in the pack you are walking/running in - in case of accidents etc. If there is an accident - big or small, an incident report needs to be completed at the time. Please see a committee member if this is required.

Use pedestrian crossings or pedestrian traffic lights to cross the road.

If you have any respiratory infection, please do not come to the club until you are better. If you test positive for Covid after attending a Tuesday or Thursday please contact John or Cris directly.

Shared Morning Tea

For special occasions we have a shared morning tea to celebrate. It is very much appreciated when everyone who is able brings along a plate to help in the celebration.

Finally

The committee thanks you all for your ongoing support and welcomes any ideas around events, trips, ways to have fun.

Thank you,

The Pakuranga Joggers and Walkers Committee.