

Senior Track and Field Section																	
Club Records (as at 20 October2025)																	
MEN								WOMEN									
Event	Grade	Record	Wind	Name	Year	Reference	Venue	Event	Grade	Record	Wind	Name	Year	Reference	Venue		
100m	U16	11.00	+1.3	Rianco Haggard	2024	MKS	Auckland	100m	U16	12.11	+1.6	Marielle Venida	2019	NZSS	Wellington		
	U18	10.89	+1.9	Austen Heuvel	2013	AKSS	Auckland		U18	11.82	+1.4	Marielle Venida	2023	AKSS	Auckland		
	U20	10.70	+1.9	Zachary Saunders	2022	PtC	Hastings		U20	11.54	+1.3	Marielle Venida	2025	SGD	Auckland		
	Senior	10.54	+2.0	Zachary Saunders	2025	SGD	Auckland		Senior	11.54	+1.3	Marielle Venida	2025	SGD	Auckland		
200m	U16	22.36	+1.0	Rianco Haggard	2024	MKS	Auckland	200m	U16	25.14	-0.7	Marielle Venida	2021	AC	Auckland		
	U18	21.83	?	Ethan Stewart	2005	?	?		U18	24.11	-0.2	Marielle Venida	2022	AKSS	Auckland		
	U20	21.35	+0.1	Zachary Saunders	2022	CG	Birmingham, England		U20	23.74	+1.8	Marielle Venida	2025	NZC	Dunedin		
	Senior	21.21	+1.0	Zachary Saunders	2025	QLDC	Brisbane, Australia		Senior	23.74	+1.8	Marielle Venida	2025	NZC	Dunedin		
400m	U16	49.62		Rianco Haggard	2024	MKS	Auckland	400m	U16	57.83		Charlotte Smaill	2014	NZC	Wellington		
	U18	47.69		Bailey Stewart	2013	NZSS	Hamilton		U18	57.83		Charlotte Smaill	2014	NZC	Wellington		
	U20	46.67		Bailey Stewart	2014	NZSS	Wanganui		U20	57.83		Charlotte Smaill	2014	NZC	Wellington		
	Senior	46.67		Bailey Stewart	2014	NZSS	Wanganui		Senior	53.29		Louise Jones	2014	AUC	Melbourne, Australia		
800m	U16	1:57.69		James Trathen	2021	AC	Auckland	800m	U16	2:08.92		Imogen Barlow	2024	AUC	Adelaide, Australia		
	U18	1:53.04		James Trathen	2023	PoC	Hamilton		U18	2:08.92		Imogen Barlow	2024	AUC	Adelaide, Australia		
	U20	1:49.21		Luke Hitchcock	2022	WU20	Cali, Colombia		U20	2:06.27		Lesley Croxton	1985	NZC	Dunedin		
	Senior	1:49.21		Luke Hitchcock	2022	WU20	Cali, Colombia		Senior	2:06.27		Lesley Croxton	1985	NZC	Dunedin		
1500m	U16	4:03.26		Christian de Vaal	2020	MKS	Auckland	1500m	U16	4:24.86		Imogen Barlow	2023	NISS	Palmerston North		
	U18	3:51.01		Luke Hitchcock	2021	NZC	Hastings		U18	4:17.19		Anne Lardner	1988	AC	Auckland		
	U20	3:39.84		Theo Quax	2019	BCI	Azusa, CA		U20	4:17.19		Anne Lardner	1988	AC	Auckland		
	Senior	3:37.76		Theo Quax	2025	IA	Pfungstadt, Germany		Senior	4:17.19		Anne Lardner	1988	AC	Auckland		
1 Mile	U16			Record not claimed				1 Mile	U16	5:03.46		Imogen Barlow	2023	MKS	Auckland		
	U18	4:11.80		Caleb Wagener	2024	AC	Auckland		U18	4:54.85		Kelsi Patterson	2007	?	?		
	U20	4:00.95		Zane Powell	2023	DHVI	Boston, MA, USA		U20	4:54.85		Kelsi Patterson	2007	?	?		
	Senior	3:58.13		Theo Quax	2020	HC	Seattle, WA, USA		Senior	4:54.85		Kelsi Patterson	2007	?	?		
3000m	U16	8:39.47		Caleb Wagener	2022	NZSS	Inglewood	3000m	U16	9:49.34		Imogen Barlow	2024	AUC	Adelaide, Australia		
	U18	8:10.72		Christian de Vaal	2022	MKS	Auckland		U18	9:13.37		Anne Lardner	1988	NZC	Hamilton		
	U20	8:09.59		Christian de Vaal	2023	NZC	Wellington		U20	9:13.37		Anne Lardner	1988	NZC	Hamilton		
	Senior	7:39.85	(Indoor)	Theo Quax	2024	HC	Seattle, WA, USA		Senior	9:13.37		Anne Lardner	1988	NZC	Hamilton		
5000m	U18	14:12.71		Christian de Vaal	2022	NOSs	Auckland	5000m	U18			Record not claimed					
	U20	13:41.17	(Indoor)	Christian de Vaal	2024	SC-D	Boston, MA, USA		U20	18:25.07		Holly Harding	2022	NZC	Hastings		
	Senior	13:16.83	(Indoor)	Theo Quax	2024	JTTC	Boston, MA, USA		Senior	15:47.33		Helen Moros	1993	NZC	Hamilton		
10000m	U18	31:19.15		Christian de Vaal	2022	BT	Auckland	10000m	U18	38:51.77		Casey Mitchell	2007	AC	Auckland		
	U20	31:19.15		Christian de Vaal	2022	BT	Auckland		U20	38:51.77		Casey Mitchell	2007	AC	Auckland		
	Senior	28:25.01		Kerry Rodger	1991	ZM	Melbourne, Australia		Senior	32:32.24		Helen Moros	1993	NZC	Wellington		
100m Hurdles (838mm)	U16	13.15	+1.6	Rianco Haggard	2024	AKSS	Auckland	80m Hurdles (762mm)	U16	11.67	+1.9	Andrea Miller	1996	NZSS	Wanganui		
110m Hurdles (838mm)	U16	15.23	-3.1	Daniel Parkes	2019	AC	Auckland	100m Hurdles (762mm)	U18	14.63	+2.0	Paige Harwood	2011	NZC	Dunedin		
	(914mm)	U18	14.40	-1.2	Noah Retford	2024	AUC		Adelaide, Australia	(762mm)	U20	14.75		Rochelle Coster	2008	?	?
	(994mm)	U20	14.23	+1.8	Peter Callagher	2011	NZC		Dunedin	(838mm)	U20	13.77		Andrea Miller	2000	WU20	Santiago, Chile
	(1067mm)	Senior	14.41	+0.9	Brent Newdick	2007	AICE		Arles, France	(762mm)	Senior	13.10	0.8	Rochelle Coster	2016	AUC	Sydney, Australia
300m Hurdles (762mm)	U16	38.61		Zachary Saunders	2019	NISS	Tauranga	300m Hurdles (762mm)	U16	44.54		Samadiana Fariz	2019	AC	Auckland		
	(838mm)	U16	40.09		Noah Retford	2023	NZC		Wellington	(762mm)	U18	44.54		Samadiana Fariz	2019	AC	Auckland
	(838mm)	U18	38.04		Noah Retford	2024	NZSS		Timaru	U20	1:05.33		Samadiana Fariz	2021	MKS	Auckland	
400m Hurdles (914mm)	U20	55.47		Noah Retford	2025	NZC	Dunedin	400m Hurdles (762mm)	Senior	1:05.33		Samadiana Fariz	2021	MKS	Auckland		
	Senior	51.88		Peter Callagher	2014	SS	Auckland										
2000m Steeplechase	U16	6:11.40		Christian de Vaal	2020	MKS	Auckland	2000m Steeplechase	U16			Record not claimed					
	U18	6:11.40		Christian de Vaal	2020	MKS	Auckland		U18	7:45.46		Amanda Bracewell	2012	AKSS	Auckland		
3000m Steeplechase	U20	9:22.93		Toby Tasker	2023	NZC	Wellington	3000m Steeplechase	U20	11:36.75		Renee Holtom	2005	NZC	Wanganui		
	Senior	9:01.37		David Drummond	1989	AC	Auckland		Senior	10:08.58		Alice Mason	2009	NMGR	Ninove, Belgium		
1 Mile Race Walk	U16	7:38.89		Richie Trathen	2023	MKS	Auckland	1 Mile Race Walk	U16	8:26.05		Yandri Fourie	2024	AC	Auckland		
	U18	7:23.61		Richie Trathen	2024	AC	Auckland		U18			Record not claimed					
	U20	7:23.61		Richie Trathen	2024	AC	Auckland		U20			Record not claimed					
	Senior	7:23.61		Richie Trathen	2024	AC	Auckland		Senior			Record not claimed					
2000m Race Walk	U16	9:30.23		Richie Trathen	2023	MKS	Auckland	2000m Race Walk	U16	11:01.00		Yandri Fourie	2023	NISS	Palmerston North		
3000m Race Walk	U16	14:37.26		Richie Trathen	2023	MKS	Auckland	3000m Race Walk	U16	16:31.05		Yandri Fourie	2024	MKS	Auckland		
	U18	13:33.80		Richie Trathen	2024	NISS	Palmerston North		U18	16:29.03		Yandri Fourie	2024	MKS	Auckland		
	U20	13:33.80		Richie Trathen	2024	NISS	Palmerston North		U20	16:29.03		Yandri Fourie	2024	MKS	Auckland		
	Senior	13:33.80		Richie Trathen	2024	NISS	Palmerston North		Senior	16:29.03		Yandri Fourie	2024	MKS	Auckland		
5000m Race Walk	U16	26:37.46		Richie Trathen	2023	NZC	Wellington	5000m Race Walk	U16	29:58.00		Yandri Fourie	2024	AC	Auckland		
	U18	23:38.87		Richie Trathen	2024	NZC	Wellington		U18	29:26.45		Yandri Fourie	2025	NZC	Dunedin		
	U20	23:38.87		Richie Trathen	2024	NZC	Wellington		U20	29:26.45		Yandri Fourie	2025	NZC	Dunedin		
	Senior	23:38.87		Richie Trathen	2024	NZC	Wellington		Senior	29:26.45		Yandri Fourie	2025	NZC	Dunedin		
10000m Race Walk	U18			Record not claimed				10000m Race Walk	U18			Record not claimed					
	U20			Record not claimed					U20			Record not claimed					
	Senior			Record not claimed					Senior			Record not claimed					
Discus (1.25kg)	U16	42.97m		Daniel Mullens	2022	NZSS	Inglewood	Discus (1kg)	U16			Record not claimed					
	(1.5kg)	U18	45.45m		Daniel Mullens	2024	NZC		Wellington	U18	37.10m		Joanne Sutton	1989	AKSS	Auckland	
	(1.75kg)	U20	44.71m		Antonie Smal	2024	MKS		Auckland	(1kg)	U20	50.26m		Mere Vaka	2013	MNDC	Colmar, France
	(2kg)	Senior	50.66m		Pat Hellier	2007	MD		New Caledonia	(1kg)	Senior	50.26m		Mere Vaka	2013	MNDC	Colmar, France
Hammer (4kg)	U16			Record not claimed				Hammer (3kg)	U16			Record not claimed					
	(5kg)	U18	28.36m		Samuel Murphy	2002	?		?	(3kg)	U18	25.76m		Amy Harrison	2015	AKSS	Auckland
	(6kg)	U20	24.89m		Nathan Buckley	2012	?		?	(4kg)	U20	28.89m		Vanessa Hurley	2008	?	?
	(7.26kg)	Senior	61.21m		Pat Hellier	2007	NZC		Inglewood	(4kg)	Senior	28.89m		Vanessa Hurley	2008	?	?
High Jump	U16	1.70m		Zachary Saunders	2018	NZSS	Dunedin	High Jump	U16	1.71m		Paige Harwood	2010	NZSS	Hastings		
	U18	1.92m		Hunter Curran	2014	IP	Auckland		U18	1.80m		Paige Harwood	2012	NZC	Auckland		
	U20	1.95m		Wade Rixon	1995	?	?		U20	1.80m		Paige Harwood	2012	NZC	Auckland		
				Peter Callagher	2009	?	?										
				Jonny Goosman	2013	NZC	Auckland										
	Senior	1.95m		Wade Rixon	1995	?	?		Senior	1.80m		Paige Harwood	2012	NZC	Auckland		
				Peter Callagher	2009	?	?										
			Jonny Goosman	2013	NZC	Auckland											
Javelin (700g)	U16	46.75m		Antonie Smal	2022	NZC	Hastings	Javelin (600g)	U16	22.88m		Veronique Koole	2023	NZSS	Christchurch		
									(500g)	U16	33.33m		Briar Guy	2012	?	?	
	(700g)	U18	56.26m		Julian Abraham	2014	NZSS		Hamilton	(600g)	U18	30.17m		Paige Harwood	2011	?	?
	(800g)	U20	62.86m		Antonie Smal	2025	NZC		Dunedin	(600g)	U20	38.74m		Ashleigh Brockett	2013	AC	Auckland
	(800g)	Senior	62.86m		Antonie Smal	2025	NZC		Dunedin	(600g)	Senior	38.79m		Ashleigh Brockett	2015	SS	Auckland
Long Jump	U16	6.94m	+1.5	Ethan Olivier	2020	ANCW	Potchefstroom, SA	Long Jump	U16	5.13m	-1.6	Katelyn Quay Chin	2021	AKSS	Auckland		
	U18	6.94m	+1.5	Ethan Olivier	2020	ANCW	Potchefstroom, SA		U18	5.61m	+0.9	Paige Harwood	2012	NICEC	Hastings		
	U20	7.75m	+1.5	Ethan Olivier	2024	SACSSA	Sasolburg, SA		U20	5.61m	+0.9	Paige Harwood	2012	NICEC	Hastings		
	Senior	7.75m	+1.5	Ethan Olivier	2024	SACSSA	Sasolburg, SA		Senior	5.88m	+0.8	Rochelle Coster	2012	HM	Auckland		
Pole Vault	U16			Record not claimed				Pole Vault	U16	2.70m		Katelyn Quay Chin	2022	AKSS	Auckland		
	U18	3.60m		Joseph Heath Hall	2006	?	?		U18	2.70m		Katelyn Quay Chin	2022	AKSS	Auckland		
	U20	4.20m		Matthew Aucamp	2019	AUC	Sydney, Australia		U20	2.70m		Katelyn Quay Chin	2022	AKSS	Auckland		
	Senior	4.80m		Brent Newdick	2007	AICE	Arles, France		Senior	2.70m		Katelyn Quay Chin	2022	AKSS	Auckland		
Shot Put (5kg)	U16	10.97m		Daniel Mullens	2022	NZSS	Inglewood	Shot Put (3kg)	U16			Record not claimed					
									(3kg)	U18	12.45m		Arwen Soloman	2020	NZSS	Tauranga	
	(5kg)	U18	14.31m		Daniel Mullens	2024	NZC		Wellington	(4kg)	U18	12.63m		Vanessa Hurley	2005	NZSS	Auckland
	(6kg)	U20	12.46m		Jonathan Curry	2010	OM		Auckland	(4kg)	U20	14.56m		Vanessa Hurley	2008	?	Auckland
	(7.26kg)	Senior	16.04m		Pat Hellier	2008	NZC		Auckland	(4kg)	Senior	21.24m		Dame Valerie Adams	2011	WC	Daegu, South Korea
Triple Jump	U16	15.27m	+0.7	Ethan Olivier	2020	ANCW	Potchefstroom, SA	Triple Jump	U16	10.27m	+0.3	Mia Makoare	2021	NISS	Hamilton		
	U18	16.67m	+0.1	Ethan Olivier	2023	LGPF	Brussels, Belgium		U18	12.43m	+1.3	Nneka Okpala	2005	WU18	Marrakesh, Morocco		
	U20	17.01m	+0.0	Ethan Olivier	2024	ANCW	Potchefstroom, SA		U20	12.77m	+1.5	Nneka Okpala	2008	NZC	Auckland		
	Senior	17.01m	+0.0	Ethan Olivier	2024	ANCW	Potchefstroom, SA		Senior	13.91m	+0.0	Nneka Okpala	2016	AUC	Sydney, Australia		

