

Newsletter

9 April 2026



Website: [Joggers and Walkers Section](#)

Email: pakjogwalks@gmail.com

Good Morning, Everyone

You enjoyed a fabulous Easter Bonnet day. Brenda won first prize while Gayle was highly commended for designing the only creation without a \$2 shop influence. Well done, ladies!

We have several interesting events in the next few weeks. Check the calendar below.

But firstly, some administrative matters.

Administration

- **Registration**
 - **All members, Casual and Full, check your details are up to date –**
 - phones, email, street address, and next of kin.
 - Please fill out a registration form if you have not already done so.
- **Fees**
 - **Are you moving from Full to Casual Membership?**
 - It is important for us to know whether you are a full or casual member as this affects your voting rights at the full Pakuranga Athletic Club AGM. Joggers and Walkers is just one section of the much larger PAC.
 - **Full Membership:** the annual fee is unchanged at \$75 and is due now for the year 1 April 2026 until 31 March 2027.
 - Attendance fee for full membership is \$3 each time you attend.
 - Full membership gives you voting rights at the AGM of the full Pakuranga Athletic Club as well as at the Joggers and Walkers AGM.
 - **Casual membership:**
 - No annual fee
 - Attendance fee is \$5 for each attendance.
 - Voting rights at Joggers and Walkers AGM, but **not** at the AGM of the full Pakuranga Athletic Club
 - **Car pooling for outings**
 - There is a change in policy. From May we request that those accepting rides make a contribution of \$5 to their driver. This is common policy in other organisations.

- **Joggers and Walkers AGM**

14 May after our morning walks. Details to be announced.

- **Your Committee has vacancies**

Some committee members are moving out of Auckland. We need volunteers to replace them. Would you be interested? We are a friendly, supportive bunch. Please approach any of your committee members for more information on how we work together.

- We are looking for a new secretary
- We need several new committee members

- **Introduce a friend to Joggers and Walkers.**

- We welcome new members.
- Let people know about us.
- The first two occasions they come there is no fee

Calendar

We have a few busy weeks. This will keep you fit with plenty of time to socialise as well.

Tuesday 14 April

Meet at 9:30 AM. Outing to Ambury Park, Mangere.

A printable brochure of the Park was forwarded to you on Thursday together with a map of the route there from the Club rooms.

There are walks for all tastes,

The farm animals at Ambury are family favourites. Bring your grandchildren.

Wild birds. The downloadable brochure advises which species you might see.

Tuesday 21 April

East Auckland Tourism Walkfest. J&W is hosting an event on this day for people who are curious about our Club. Guests will be guided on a walk to the wetlands at Pigeon Mountain followed by a choice of routes on the maunga itself with the summit being a non-obligatory goal for the more adventurous.

All members are encouraged to do the same walk together. There will be three turn back points along the way. This is the link to the WalkFest webpage.

[Pakuranga Joggers and Walkers – Pigeon Mountain 21 APRIL | East Auckland Tourism](#)

Rosalea Dun is leading this initiative for us and will provide more information closer to the event.

Thursday 23 April

J&W Remembrance. Shared morning tea. Please bring your favourite version of ANZAC biscuits.

Tuesday 5 May

10 km Estimated Time Event.

Rosalea is leading this event also.

There are trophies for winner of closest to estimated time, runner up and team who blew out their time by the most (aka the booby prize). These will be awarded at the J&W AGM.

We will use the 2.5km course (see map and rules on p5).

Teams of 1,2,3 or 4 persons. Everyone starts in front of clubhouse at the same time and times taken as they finish whatever number of laps they've opted to do.

Thursday 14 May

Joggers and Walkers AGM. Both full and casual members are welcome to vote. Details to be announced.

Awards for Jogger of the Year and Walker of the Year. The winner of the 10 km estimated time event will be presented with a trophy.

Wednesday 27 May

PAC AGM. We encourage as many of our **full** members as possible to attend. This is an important meeting. There is a vote to appoint the Officers of the Club for the 2026/27 year. Time and details to be announced closer to the time.

Tuesday 7 July

Mid-year lunch. Save this date.

We are planning a new format this year which everyone will enjoy. Details later.

The committee will subsidise the cost. Price for Joggers and Walkers members will be held at \$45 per head.

General Information

Car Pooling

Committee members will drive anyone who would like a lift (from the clubrooms) for any outing away from the club.

Starting in May, we request that those accepting rides make a contribution of \$5 to their driver.

Please contact or speak to a committee member several days before the event if you require a ride.

Health & Safety

Please ensure that there is at least one mobile phone available in the pack you are walking/running in - in case of accidents etc. If there is an accident - big or small, an incident report needs to be completed at the time. Please see a committee member if this is required.

Use pedestrian crossings or pedestrian traffic lights to cross the road.

If you have any respiratory infection, please do not come to the club until you are better. If you test positive for Covid after attending a Tuesday or Thursday please contact John or Cris directly.

Shared Morning Tea

For special occasions we have a shared morning tea to celebrate. It is very much appreciated when everyone who is able brings along a plate to help in the celebration.

Finally

The committee thanks you all for your ongoing support and welcomes any ideas around events, trips, ways to enjoy ourselves.

The Pakuranga Joggers and Walkers Committee.

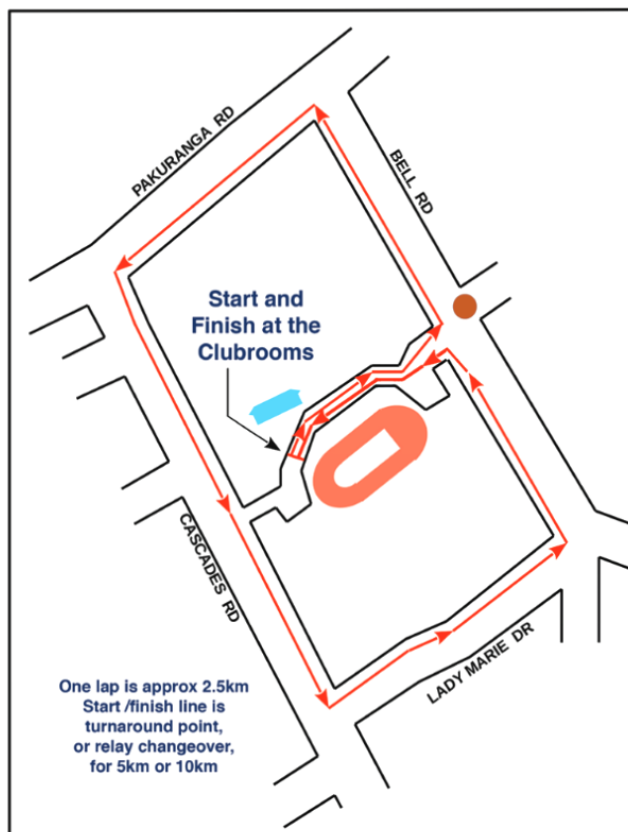


Easter Bunnies

10 km Estimated Time Event



2.5km Course (approx). Additional laps may be added for other distances or relays.



Course Description

Start in front of the club rooms.
Go through the cricket car park.
Turn left into Bells Rd. and go up to Pakuranga Rd.
Turn left into Pakuranga Rd. and go along to Cascades Rd.
Turn left into Cascades Rd. and go down to Lady Marie Drive.
Turn left into Lady Marie Drive and go along to Bells Rd.
Turn left into Bells Rd.
Go up Bells Rd, at roundabout turn left into the cricket car park.
Go through car park and to finish in front of the clubrooms.
(or start another lap or change over for relay)

10k EVENT (approx)

To be held Tuesday 5th May 2026 – Start time 9.00 am

Can be either an **individual participant** or a **2, 3 or 4 person team**.

An **individual participant** will do the 2.5k course four times

A **2, 3 or 4 person team** will start together and do the 2.5k course each at their own pace; for the total required number of four laps

- **Trophy:** *Awarded for the closest estimated time and runner up. (Individual or team) Forms for entering your estimated time are available from the kitchen counter.*
- **Rules:** – *No watches – No radios – No times called. Phones turned off – to be used only in emergency*