

Cross Country and Road 2026

Newsletter 29: 7th October



1. Weekend News

NEW ZEALAND ROAD RELAY CHAMPS

What a way to end the season! An amazing day for Team Pakuranga at the New Zealand Road Relay Champs in Feilding and Halcombe on Saturday.

Junior Men (U20) won the New Zealand title with a winning margin of 12 seconds! Congratulations **Caleb Wagener, Noah Crowhurst, Samuel Rickerby, Matthew Watkins, Alex Bishop** and **Jackson Pinique**.

Masters Men (35+) ran strong over a tricky course to win a silver medal, completing 70km in just over 4 hours. Congratulations **Mark Toplis, Jake Hendrickx, Matt Nash, Paul Crowhurst, Clinton Loveday, Rodwyn Isaacs**, and **Eammon O'Brien**.

Senior Men ran 70km in just shy of 4 hours, coming 7th out of 18 teams. Strong running from **James Trathen, Ryan Surynt, Ben Watkins, Lucas Bulazio, Dion Wallwork, Trent Thorpe**, and **Kade McLoughlan**.

Thank you once again to the Four Winds Foundation for their funding grant towards the weekend, and to Anna for making this possible.



2. Upcoming Events

SATURDAY 17TH OCTOBER – CROSS COUNTRY AND ROAD SECTION AGM FOLLOWED BY PRIZEGIVING

The Cross Country and Road Annual General Meeting will take place on **Saturday 17th October** at **2.30pm** in the clubrooms. The AGM will be followed by club prizegiving for both juniors and seniors. All members and their families are invited to celebrate the successes of the past season with us. Hot chips and pizza will be served, and the bar will be open.

SUNDAY 1ST NOVEMBER – AUCKLAND MARATHON (INCL. CLUB MARATHON CHAMPS)

If you are competing in this event, please email to let us know. Race entry still open -> <https://aucklandmarathon.co.nz/>

SUNDAY 11TH APRIL 2027 – WATERFRONT HALF MARATHON

For the first time, the 2027 event will be based in the heart of Auckland City at the Wynyard Quarter. The course is a single-lap, straight out-and-back blast to Kohimarama in the eastern beaches.

Race entry now open -> <https://waterfront.werun.nz/>

3. Cross Country and Road News – School, College and Beyond

No news this week. Please [email](#) in with results and news so that we can celebrate the success of our members.

4. Training Options

JUNIOR COACHING

What? Cross country on grass and track work
For Who? Registered members aged 7 - 10yrs
By Who? Mike Trathen
When? Tuesday (cross country); Friday (track)
4 - 4.45pm
Where? Yvette Williams Track
How much? \$15 per week
Members are encouraged to attend both sessions.
For more info: mtandtb@xtra.co.nz

DISTANCE & SPRINTS TRAINING

What? Stamina, Sprints, Hill Reps,
Middle Distance, Speed Development
For Who? Registered members aged 10yrs+
By Who? Mike Trathen
When? Monday to Friday, 5pm; Sat 10am
Where? Yvette Williams Track
How much? \$60 per month
For more info: mtandtb@xtra.co.nz



5. Join The Committee – PAC needs You!



Looking ahead to Pakuranga Athletic Club's 2027 Cross Country and Road season, we would love to offer weekly events that strengthen our club community and cater to both competitive and social runners. To make this possible, we need more volunteers on the committee. **Please step forward and join us—whatever time, skills, or energy you can contribute will help bring the season to life.**

We meet once a month, alternating between in person at the club and online.

To learn more about joining the committee, please email our secretary, Amy, at pakxcr@gmail.com. You also can also ask questions and discuss getting involved at our AGM on **17th October**.

2026 XCR Calendar (subject to change)

DATE	EVENT	LOCATION
Saturday 17 October	AGM and Prizegiving	PAC
Sunday 1 November	Auckland Marathon (incl. Club Marathon Champs)	Auckland CBD
Sunday 1 November	NZ 100km Champs	Christchurch
Saturday 7 November	NZ 50km Champs (part of Legend of the Peaks)	Rotorua
Saturday 29 November	NZ Marathon Champs	Whanganui
Saturday 5 December	NZ Long Trail Champs and NZ 5km Champs	Nelson

Events held at Pakuranga Athletic Club (PAC)

Nationals