

Cross Country and Road 2026

Newsletter 31: 21st October



1. Weekend News

Thank you to everyone who attended the Club AGM and Prizegiving on Saturday, and congratulations to all our prize winners. Photos are now available on [Facebook](#). It was a fantastic end to a season filled with mud, rain, sweat, sunshine and plenty of fun. If you were unable to attend, you can collect your trophy from the clubrooms **this Saturday from 3pm**. Trophy winners have received an email.

Previous newsletters have detailed the Cross Country and Road Champions across the season. The Senior Points Trophy and Special Trophy winners were decided only recently, so congratulations to the following athletes:

SENIOR POINTS TROPHIES

Senior Women	Madeleine Hamer
U20 Women	Imogen Barlow
Women 35-49	Hannah Brown
Women 50-64	Rachel Penney
Senior Men	James Trathen
U20 Men	Kade McLoughlan
Men 35-49	Clinton Loveday
Men 50-64	Dave McLoughlan
Men 65+	Fred Burke
Overall Women	Hannah Brown
Overall Men	Fred Burke

SPECIAL TROPHIES

Female Sportsmanship	Olivia McLean
Male Sportsmanship	Henry Drummond
Most Committed Athlete	Julie Blake
Most Improved Girl	Haydee Kaitao
Most Improved Boy	Hadley Shaw
Most Improved Jnr Female	Olivia Stone
Most Improved Jnr Male	Kade McLoughlan
Jnr Harriette of the Year	Anya O'Meara
Jnr Harrier of the Year	Carter Flowers
NZ Road Relays Most Valued Performance Jnr Men U20	Caleb Wagener
Top Performance by a Jnr Athlete at NZ XC Champs	Caleb Wagener
Best Newcomer Female	Emily Biggelaar
Best Newcomer Male	Harrison Or
Top Performance by a Jnr Athlete at NZ Road Champs	Sam Rickerby
Hard Luck Trophy	Ben Jackson
Club Captain Trophy	James Trathen

congratulations

2. Upcoming Events

SUNDAY 1ST NOVEMBER – AUCKLAND MARATHON (INCL. CLUB MARATHON CHAMPS)

If you are competing in this event, please [email](#) to let us know.

3. Cross Country News – School, College and Beyond

What a day at the Hibiscus 10K Classic! **Clinton Loveday** (M40-49) stormed home to claim the title in a blistering 35:06, finishing comfortably ahead of the other 458 runners. A phenomenal effort! **Pat Hales** (M50-59) also put in a sterling performance, marking his comeback from injury with a time of 58:29. **Scott Dean** traded his racewalking legs to runners and crossed the line in 1:08.

Not to be outdone, **Richard Thompson** (M70-79) took on the Rotary Pohutukawa Coast 10K Fun Run and finished in 1:16 - another terrific effort.

Well done, gentlemen! You are a wonderful inspiration for our young athletes.

4. Waterfront Half Marathon – Sunday 11th April 2027

For the first time, the 2027 event will be based in the heart of Auckland City at the Wynyard Quarter. The course is a single-lap, straight out-and-back blast to Kohimarama in the eastern beaches. <https://waterfront.werun.nz/>

5. Join The Committee – Come And Get Involved

Please join us - whatever time, skills, energy or expertise you can contribute will help bring the season to life.

Email section Secretary, Amy for more information -> pakxcr@gmail.com



6. Training Options

JUNIOR COACHING

What? Track work
For Who? Registered members aged 7 - 10yrs
By Who? Mike Trathen
When? Tuesday and Friday, 4 - 4.45pm
Where? Yvette Williams Track
How much? \$15 per week

Members are encouraged to attend both sessions.

For more info: mtandtb@xtra.co.nz

DISTANCE & SPRINTS TRAINING

What? Stamina, Sprints, Hill Reps, Middle Distance, Speed Development
For Who? Registered members aged 10yrs+
By Who? Mike Trathen
When? Monday to Friday, 5pm; Sat 10am
Where? Yvette Williams Track
How much? \$60 per month
For more info: mtandtb@xtra.co.nz



2026 XCR Calendar (subject to change)		
DATE	EVENT	LOCATION
Sunday 1 November	Auckland Marathon (incl. Club Marathon Champs)	Auckland
Sunday 1 November	NZ 100km Champs	Christchurch
Saturday 7 November	NZ 50km Champs (part of Legend of the Peaks)	Rotorua
Saturday 29 November	NZ Marathon Champs	Whanganui
Saturday 5 December	NZ Long Trail Champs and NZ 5km Champs	Nelson